

Best Practices -2019-20

Best Practices-I

1. Hemoglobin and Health check-up for girls

Objectives

1. To detect blood group and measure hemoglobin of girl students in the institution.
2. To Advise them regarding their health and diet.
3. Counseling of parents regarding their ward's health.

Context

Girl students enrolled in this institution coming from rural areas as well as from the city were observed very weak and due to their ill health could not attend the entire schedule of the day. They seem to carry scanty Tiffin. In order to make a counseling of parents of these girls, this practice is being carried by the institution.

Practice

Prior information about camp is given to girl students.

Hemoglobin check up camp is arranged in collaboration with Ladies Welfare Committee, NSS and department of Microbiology.

Training is given to final year Microbiology Students in pathology laboratories around institution. Camp is organized for a couple of days and girls are made to enroll in this campaign. The information is collected and kept ready to the consultants for counseling. Girls are asked to remain present on the day of counseling with their parents along with them. Hematologist and Dietician analyze the data thoroughly and make counseling of both girl students and their parents.

Hemoglobin level of the students must be normal level so that they should be healthy in all respects. Particularly hemoglobin level of ladies students varies time to time due to their natural menstrual cycle. So many girl students face a problem of low hemoglobin level and so it is important to check hemoglobin level of ladies students.

So we organize hemoglobin check up camp with the help of department of Microbiology and Zoology. For this camp we first display notice to all girl students to take benefit of this camp. We also notice the students the location and day and date time of the hemoglobin check up.

During the academic year 2019-20 , the hemoglobin check up camp was organized on Thursday 10-01-2020 on the occasion of birth anniversary of Hon. Chairman our Institution Prof. Sharad Patil. For This camp, inauguration function was organized .The B.Sc. part III students of Microbiology department participated to conduct the camp.

In this campaign height and weight of each girl student was recorded. To record the height, weight and hemoglobin of the students, there were six groups each carrying six students and teachers conducted height weight and hemoglobin.

Total 281 students were benefited by this camp. After checking of hemoglobin, the students were advised to overcome the deficiency of hemoglobin students were also advised about their health.

The hemoglobin camp was also organized in village Takali Tal-Miraj, Dist-Sangli on 19-12-2019 with the help of Kanya Mahavidyalaya Miraj. The thirteen students of B.Sc.III Microbiology were participated in this camp with Prof. Pranoti Patil.Total 140 villagers including 109 females were benefited by the camp.The hemoglobin camp was also organized in village Bolwad Tal-Miraj, Dist-Sangli on 28-12-2019.The thirteen students of B.Sc.III Microbiology were participated in this camp with Prof. Pranoti Patil.Total 217 villagers including 118 females were benefited by the camp.

Evidence of Success

It is usually observed that after this event, both girls and their parents pay attention on diet and determine to keep them healthy.

Best Practices-II

Visit to old age home

Objectives

To arrange visits of students to old age home.

To organize interaction between students and elderly people.

To inculcate the value of respectfulness to elderly people.

To inculcate the value of elderly people in the family among the students.

Context

Now a days, family size become reduced due to exclusion of parents. This isolates the children from their grandparents. This practice has created large number of social, family, economical and cultural problems. In order to know the Old Age Homes and to interact with elders, the student visits are arranged to old age home.

Practice

A batch wise schedule of final year student is prepared and displayed by the end of the first half of the academic year.

The responsibility of visits is given to a faculty member.

In the beginning, students made the campus clean.

The girl students help the management in cooking.

Students interact with the elderly people regarding their problems, health and hobbies.

Short entertainment programmes are arranged.

Students distributed gifts and fruits to the inmates.

Vrudha Sevashram is an Old Age Home for the senior citizens established by Hon. Fernanez and it was continued by Hon. Chairman of our institution Hon. Prof. Sharad Patil and has been operational since 1972. As a social activity, a visit to Old Age Home Kupwad has been arranged by National Service Scheme (NSS) and all departments to inculcate respect towards senior citizens among students. So all the heads of Departments have arranged the visits as per Scheduled Time Table from 25th January 2020 to 9th April 2020. Prior to the lockdown period about 150 students visited to Old Age Home Kupwad.

Evidence of success

These visits have always remained sentimental. After the visit, students expressed their emotions as well as concerns towards the elderly people. They write down their experiences emotionally and determine to respect the elderly people from their homes as well as in the society.