

Estd. 1993



YASHWANT SHIKSHAN SANSTHA'S
MIRAJ MAHAVIDYALAYA, MIRAJ
मिरज महाविद्यालय, मिरज

(Affiliated to Shivaji University, Kolhapur, Maharashtra)

Reaccredited by NAAC with 'B+' Grade (C.G.P.A.-2.53)

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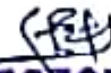
Date :

International Day of Yoga 2024-25

10th International Day of Yoga was celebrated on Friday 21/06/2024. Every year we celebrate this day in excellent manner. On this occasion Yog Guru Mrs. Ujwala Chaudhari and Mr. Sukumar Chaudhari demonstrated Yoga and Asana's. They Also shared information to prevent various deceases by doing Asana's and Prnayam. All the participants Performed demonstrate Very good Asana's and Pranayam. On this occasion 55 faculties attended the programme. The Chairman of Yaswant Shikshan Sanstha Mr. Rajgond Annaso Patil, Director of Yaswant Shikshan Sanstha Mr. T. K. Metkari, Principal Dr. A. R. Jadhav and Vice Principals were also present for the programme and they Performed Various Asana's. Yog Guru Mrs. Ujwala Chaudhari and Mr. Sukumar Choudhari were felicitated with shawl and Bouquet.

This event was successfully organized by Principal Dr. A. R. Jadhav and Director of Physical Education and Sports Mr. Sanjay Patil.




DIRECTOR
Physical Education
Miraj Mahavidyalaya, Miraj.